



Cheryl Kay Sowers

AUG 13, 1954 - JAN 16, 2024



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Cheryl Kay Sowers, affectionately known as Shug, Shugie or Shugar, passed peacefully the evening of January 16, 2024. She was surrounded by family in the ICU after an 8 weeklong battle with interstitial pneumonia. Shug is an organ donor and she will go on to be a hero to others in death just as she was in life. Many thanks from all our family to the fantastic staff at Ogden Regional who took exceptional care of Shugie!

Born in Ogden UT, August 13, 1954 to parents Chuck and JoAnn Panter, she received her nickname Shug from her sister who had a difficult time saying Cheryl. She was preceded in death by mother JoAnn Nelson, and brother Randy. Survived by husband Richard “Dick” Sowers, siblings Judy (Lonnie) Delzer and Curt (Elizabeth) Panter.

She was so very proud of all her children and grandchildren. Jake (Maryann) Wayman, Sara (Cullen Carrick) Wayman, Jenny (Taylor) Hansen. Holli (Dave) Dunn, Sherrie (Majid) Sotoodeh, Jenny Cramer, Lisa Wilcox (deceased), Tori Draper and Danielle Pierce. And all her nieces and nephews she loved like her own kids.

Grandchildren: Alexis, Sierra, Justice, Laileih, Park, Case, Wade, Charlee, Buddy, Danny, Britnee, Ashton, CJ, Addison and Dallas.

An avid skier she loved to say the phrase “there are no friends or Grandmas on Powder Days.” In truth though, she would drop anything for her grandkids and loved them more than words. Loved by all she was most loved by her grandkids and the many kids she took under her wing to share the love of the mountains.

Shugie was and will continue to be a legend to so many people. Her parents started working for Powder Mountain when she was young. Her father, Chuck introduced her to a lifelong love of skiing. Her mother, JoAnn taught her to welcome everyone like family and to be inclusive. Her passion of legendary skiing earned her the ski run at Pow Mow named aptly “Shug’r Bowl”. Experts only!



Obituary

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She loved everything outdoors, in addition to being an expert skier she had a brief but passionate affair with snowboarding. Summers in her youth were spent at Pineview reservoir water skiing and camping. She enjoyed hiking, mountain biking and in the last few years she put thousands of miles on her cross-country e-bike up at Sunridge Highlands, where she and Dick purchased a cabin to get away from the city and enjoy the peace of the outdoors. They even added a small snowcat so they could backcountry ski. She claimed the tag line "Live the Love and Love the Ride." And truly lived it!

Never straying far from the adventurous Ogden Valley she also grew up in Ogden, having graduated from Ogden High where she got into plenty of shenanigans with her BFF Pam. Shug had too many amazing friends to list here but you know who you are.

She faced many challenges through her life but was never afraid of hard work. Her various dangerous and bold careers included Ski Patroller, Water Meter Reader and HOA Manager. She was often seen at Grandview Acres driving the old orange dump truck making sure the neighborhood was clean from debris and hazards.

She was introduced to her other true love, Dick Sowers by his sister Barb. Barb told Dick that Shug was very healthy and active, hearing this Dick didn't want to bring the traditional candy or chocolates on their first date, so he brought her a giant raw potato all decorated. That sweet gesture, along with the fact he could keep up with her on skis sealed the deal and they eloped to Las Vegas on January 4th of 1996. Just days after Shug's parents celebrate their wedding anniversary.

She will be missed and we know she is being welcomed by her mother JoAnn and brother Randy and will be taking endless turns down the fresh powder on Shug'r Bowl and dancing on the tables in the Powder Keg of our hearts!

A celebration of life will be held the week of March 17, exact date tba. In lieu of flowers please support the YCC, 2261 Adams Ave, Ogden Ut 84401. www.yccogden.org. 801-394-9456



Tribute Wall

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SB

Sherrie Bockas posted:

I am sorry that i missed the news of Shug. I was just googling friends from Grandview Elementary. I remember always the welcoming atmosphere of the Panter house in Grandview Acres. I loved Shug and the entire Panter family. We grew up in a great neighborhood and a great era. My deepest belated sympathies to you all and Shug's husband, children and grandchildren. Sherrie Bockas

July 5 at 1:50 PM



Gary Warren March 8 at 12:51 PM

Hey Sherrie Gary Warren here! Glad your still around . Text or call if you get a chance 250-859-4535

LI

Lissa posted:

When I moved into Sunridge, Shug would call me to make sure I was ok on the mountain. She introduced me to friends and took me on a really crazy snow ride. One time I decided to snowshoe up to my cabin from town and the powder was so deep, it was up to my thighs with each step even with my snow shoes and I still had about 1/2 mile to go. Shug and Dick came by on their snowcat and picked me up. By the time they dropped me off at my cabin the snow was up to my waist. Shug was such a good neighbor watching out for me. I surely miss her

February 5 at 6:04 AM

BG

Brent Greenwell posted:

My heart goes out to the family. In younger years, I enjoyed pulling thistle on the Sowers family farm. I did some fishing with Dick as well. I wish I had met your wife. Sounds like a beautiful Lady.

January 28 at 4:34 PM

JM

Jean McMahan posted:

I have great memories of Shug skiing with her. She is a legend at Powder Mountain. I will remember her always. Sweet Shug. RIP!

January 24 at 12:26 PM



Kent Rounkles March 4 at 12:26 PM

Shug was family to me hard for me to adjust to this the light will always be with me .



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SC

Shirley Chuo posted:

Shug was a person that knew what she liked to do and did it. There was no second guessing with Shug, She always knew when the snow would be good. My fondest memories of her is going up James and skinning on a blue bird powder day to her "Shug Bowl". She motored up that mountain like nobody's business. For all the years that I saw Shug, she always had a big smile on her face and gave this confidence and positive energy to everyone around her at Powder Mountain. It was contagious - she was a gift to the skiing community. I never got her phone number in so many years of knowing her because I always knew I would see her. There would always be another day, another season, another run. I regret not getting her phone number because this is a lesson to me in life that nothing is permanent. I was shocked and saddened to have lost such a person of character at Powder Mountain. She will always be remembered in my heart as a shining star. She was a mentor and a hero to me, and I cherish those happy memories. Always find comfort in the great ski days we had, we love to the family, Shirley Chuo- Bruns and the Bruns Family

January 24 at 8:36 AM

DS

Dick Sowers February 4 at 3:59 PM

Thank you so much, a pleasure to read. Thanks again Dick, call me 801 791 2958, when you have time

LH

Lori Van Hooser posted:

Shug and I met years ago through grandview. Her parents and my mom's condos were connected. We both eventually bought a condo across from theirs and rent them out. We said when we retired we would move into them and turn it into our own margaritaville. I have a cabin in sunridge and Dick and Shug bought one years later and that became our margaritaville. My favorite memory of Shug is making a playlist of all the Sugar songs we could think of.. Sugar shack, pour some sugar on me, sugar sugar etc. We drove around the mountain with our playlist blasting and laughed till we cried. We had so many silly moments but that was my favorite. I will miss you so much Shuggie Shug! Love you always my friend ❤️

January 23 at 12:43 PM

CB

Cheryl Bell posted:

I met Shug right after buying our cabin a few years ago. She took me on a couple of ebike rides into Vista. She was the pro, and I was the novice not used to rocky trails. My bike's battery ran out one time and she graciously walked her bike with me (while walking my bike) when we had to go up a hill. She was so friendly, outgoing, and fearless. I wanted to be just like her! The mountain won't be the same without her. Heartfelt sympathy to her family. So sad. Sincerely, Cheryl Bell

January 21 at 6:53 PM



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BH

Barbara Heward posted:

Shug and I worked at Powder Mountain together. They put in cameras and we were offended. We felt like they could have paid us more. We mooned the cameras. :)

January 21 at 9:26 AM

TO

Tina Olsen posted:

Escapades with Shug included skiing, helicopters, and sailing. She is always the life of the party! Her smile is contagious! :) One event we attended always comes to the forefront...It was a mutual friends renewal of their wedding vows and 50th anniversary and all were enjoying friends, food and drink A hot day and stuffy in the Ogden Union Station room where the celebration was ongoing. Shug and I decided to go for a stroll outside to cool down. We soon ended up at the large water fountain that invited us to dip our feet. Now the thing is, the fountain is much much deeper in the ground than it appears and while I went to step in thinking it was shallow, I found myself toppling nice dress, fancy hair and all into the water. Shug laughed out load and didn't hesitate to jump in to "save me". We were both laughing when the security personnel showed up to tell us "You Can't Do That!" and "Do You Know What Kind Of Things We Find In There!" Needless to say we hoisted ourselves out of the fountain and dripping wet went back to the celebration where enquiries and explanations abounded. Love ya Shug! Missing you already! Tina Olsen (Craig Olsen)

January 21 at 5:19 AM

SR

Suni Ritchie posted:

I had the privilege of meeting Shug at Powder Mountain, she was a legend hiking James peak and Deb Topp our angel bar tender in the keg would never miss and opportunity to hike with sweet Shug she absolutely loved her together they will be our angels looking over James peak and the Pow Mow family. Shug would take no crap from anyone and was always making me laugh I'll cherish the fun times in the powder keg laughing and dancing she will be missed by many. Rest in peace snow angel.

January 20 at 4:45 PM

ML

Mike Liegert posted:

There were so many great memories skiing non stop on the mountain and most of all she always had that great laugh and smile on her face that you never forget.

January 20 at 2:58 PM



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BU

Barbie Upton posted:

My first winter trip in my razor with tracks over to vista will always be my best memory. You got blanketed in fresh powder. Such a fun and beautiful ride just like you ❤️❤️

January 20 at 9:40 AM

BG

Brian Gabriel posted:

Outside of the shenanigans of the Powder keg where I got to know Shug, I've also had the privilege of running into her hiking up James Peak. On one particular occasion I had the pleasure of being within ear shot of her during the climb. "Who set this dang skin track so steep?!?!? Probably one of this Salt Lake idiots who needs to stay in the cottonwoods!" "You boys out in front better not take my line! You know which one I'm talking about!" One time in the powder keg over a beer I asked her how do you get a run names after you at powder mountain. She said, "That's easy, you just have to hike it more than anyone else!" I am so thankful to have been able to call her my friend. Powder in heaven is always perfect from what I hear! Love you Shug!

January 20 at 9:36 AM

AL

Aleta January 20 at 5:37 PM

The stories that can be told about Shug are too many to start here. Sharing so many happy and sad moments with her and the rest of the family has been such a honor for me. We love you all.

TJ

Terry Jaeger posted:

Riding the mountains and trespassing to Laplata and powder mountain with you will always be treasured

January 20 at 8:35 AM

SA

Sabrina posted:

I met Shug this summer and instantly fell in love with her wild spirit. I will cherish the last time I saw her flying up the hill at Sunridge on her e-bike and waiving to us as we pulled our trailer down for the winter. I wish I would have had more than one summer with her. She will always be at Sunridge with us all through our memories. Miss you Shug. We will continue to love on Dick and try and keep track of his shenanigans. Sabrina and Travis Moulding and family

January 20 at 8:03 AM



Memories only last if you share them

Join us in honoring Cheryl by contributing to a collection of shared memories.



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